

THURSDAY PROGRAMS



Lectio Divina (divine reading) is a contemplative praying of Scripture. We will meet on **Zoom** every **Thursday**, from

January 16 to April 24 from **10:30-11:45 AM** to listen to and reflect upon the upcoming Sunday Gospel. No fee. Contact Sister Joan at drjoancsm@gmail.com



Invitation to a Book Study using the book “Boundless Compassion: Creating a Way of Life” by Joyce Rupp. "Her exploration

of how the heart might open to ourselves, to one another, to all living beings, and to the earth becomes a master class in Love". Participants are responsible for purchasing their own book. This will be offered from 6:30 p.m. to 8:30 p.m. on the second and fourth Thursdays of February to April 2025. Cost is \$25 and it will be held on Zoom. To register, email: lynnedelong284@gmail.com Deadline is January 20, 2025 to register.



SATURDAY PROGRAMS

Conversation in the Spirit: fostering unity and community in a divided world. You are invited to join us on Saturday, April 5, 2025 from 10:00 a.m.– 3:00 p.m. at the Martha Spirituality Centre for a

day of exploring how Spirit-led conversation can help us listen to one another with attentiveness and compassion amid the uncertainties of our time. ‘Conversation in the Spirit’, also known as ‘Spiritual Conversation’, has been a key part of the Church’s synodal process and aims to build relationship and community as we journey together with God. Everyone is welcome to attend. The session will be facilitated by Julia Donahoe-MacDougald, Michelle Mahoney and Roseanne Macdonald, members of the P.E.I. Local of the Atlantic Association of the Spiritual Exercises Apostolate. To register, email: gail.spiritualitycentre@gmail.com by March 31, 2025. Fee is \$25. Tea and coffee will be available, but please bring a bag lunch.

Concerned Lay Catholics invites you to add your voice as we continue to walk the path together towards a synodal church in this Jubilee Year of Hope. To register for the “Atlantic Regional Synodal Conversation” on Saturday January 11, please click on the link: <https://concernedlaycatholics.us1.list-manage.com/track/click?u=89d147047a1afa176e016f353&id=7e3bd0cdef&e=8e26635279> For more information contact: concernedlaycatholics@gmail.com



Welcome to the Martha Spirituality Centre for a hybrid offering of in-person and zoom programming. We are delighted to welcome you and your friends to gather for spiritual learning, spiritual companionship, reflection, prayer and retreats. A reminder that the fees are only a suggestion as we desire everyone who wishes, to participate in our programming. Any proceeds received go to support the on-going operation of the Spirituality Centre for the people of the Island and beyond.

If any group is interested in using the Centre for a spiritual purpose, please contact Gail MacPhee at gail.spiritualitycentre@gmail.com to check availability and make a reservation. Blessings!



JAN - JUN 2025 PROGRAMS
MARTHA SPIRITUALITY CENTRE
SDU Place, Great George St.
Telephone: 902-367-3103

OUR MISSION

We believe that there is an unrealized potential within every human being. Growth is a process into a deeper awareness of self and one’s relationship with God, others, and all of creation. Our Spirituality Centre provides the place and the opportunity for reflection on the Word of God and on our lived experiences. Retreats, workshops, prayer, meditation, study, reflection, as well as topical presentations invite us into this process of growth.

Martha Spirituality Centre Team

Eileen Clow eileenclowpei@gmail.com
Roseanne Macdonald
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Nancy Murphy rustictrail@gmail.com

and trusted volunteer program leaders

MONDAY PROGRAMS



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Indigenous Teachings Book Studies: First Monday of the Month: 3:00 - 4:30 pm (AT) **Online.** Facilitated by Donna McGreal. To Register and receive **Zoom** link email: concernedlaycatholics@gmail.com

Monday January 6: “Rumble: The Indians Who Rocked the World” by Robbie Robertson.

Monday, February 3: “The Berry Pickers” by Amanda Peters.

Monday, March 3: “My Conversations with Canadians” by Lee Maracle

Monday, April 7: “Valley of the Birdtail: An Indian Reserve, a White Town, and the Road to Reconciliation” by Andrew Soho Sniderman and Douglas Sanderson

Monday May 5: “Dance with Me: A Medicine Wheel Practice of Anishinaabe Catholic Interculturation of Faith” by Sr. Eva Soloman, CSJ,ssm

Monday June 2: “Laughing with the Trickster” by Tomson Highway

MONDAY PROGRAMS cont’d



*Scripture: Winter, 2025:
Jesus: Model of Healing and Forgiveness*

During Lent Sister Joan Campbell will offer four **zoom** sessions featuring Jesus as the model of healing and forgiveness for his disciples. Dates: Monday March 10, 17, 24, 31. Time: 6:30-7:45 PM. Suggested Fee: \$25.

To register contact Sister Joan at drjoancsm@gmail.com

*God is the Light
that illuminates the darkness
and a spark of
divine light is within each of
us.
- Pope Francis*

TUESDAY PROGRAMS



Christian Meditation, the prayer of the heart, opens us to the presence of God in the silence and stillness of the present moment.

Sessions will be held on **Zoom** on **Tuesdays** from **7:00 -7:45 pm.** Beginning **January 14 to April 29,** with the exception of April 22, 2025 which is **Earth Day.** No fee for this program. To register, contact karenyogapei@gmail.com



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Earth Day Concert

Enjoy a musical celebration of Earth Day on **Tuesday April 22, 2025** at **7:00 pm** in the Chapel at

The Mount Continuing Care Community (141 Mount Edward Road, Charlottetown). Donations to support Spirituality Centre programs are welcome.



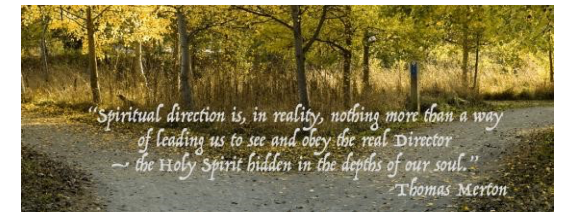
TUESDAY PROGRAMS cont’d



Book Study with Nancy Murphy and Sister Gemma Dunn will continue.

Topic: **“Come, Have Breakfast:**

Meditations on God and the Earth” by Elizabeth A. Johnson. These sessions will be held at the **Spirituality Centre** on **every second Tuesday** beginning on January 14, 2025 from **1:30 – 3:00 pm.** There is no additional fee. To register email: gail.spiritualitycentre@gmail.com



Atlantic Association of the Spiritual Exercises Apostolate (AASEA): If interested in a personal spiritual director, the contact person is Roseanne Macdonald. You can email Roseanne at philrose1987@gmail.com